



RUGBY OPEN MEET 2018

Level 3 (3WM180364) 2nd - 4th March 2018

Promoter's Conditions and Competition Information

1. The Promoter of the Rugby Swimming Club Open Meet 2018 is Rugby Swimming Club.
2. The competition will be held under A.S.A. Law & A.S.A. Technical Rules.
3. All events will be heat declared winners.
4. This meet is licensed by the ASA at Level 3.
5. Age groups for awards will be:
Girls & Boys – 9/10 years, 11/12 years, 13/14 years, 15/over.
Age is at 04/03/2018.
6. Level 3 upper and lower limit times are included in this information pack. Times are from 1/1/2017 onwards.
7. Entry fee is **£6.50 per event**. We would like as many entries as possible to be by Sportsystems Entry Manager, with one submission only per club, please. Therefore, **no more than 3 paper entries per club will be allowed**, so please co-ordinate with your club coach / secretary before submitting individual paper entries. The Sportsystems entry file set can be found on the club website www.rugbyswimmingclub.co.uk, which should be returned via email to rugbyopen@rugbyswimmingclub.co.uk. This fee is to accompany the entry form and will be non-returnable if the entry is accepted. (Payment by bank transfer, please. Sort Code: 20-73-48, a/c: 83410730, Ref: [club or swimmer's name]).
8. The closing date for entries is midnight on **Saturday 3 February 2018, but this may be brought forward if the meet is full. Please check the club website www.rugbyswimmingclub.co.uk**
9. The Promoter reserves the right to restrict the number of entries, based on a **First Come, First Served** Basis.
10. All details of accepted / rejected entries will be posted on the club website, www.rugbyswimmingclub.co.uk, and no details will be sent by post. All details must be checked and any changes notified immediately by email to rugbyopen@rugbyswimmingclub.co.uk. Refunds for any rejected entries will be made by bank transfer.
11. Results will be posted on the club website www.rugbyswimmingclub.co.uk and results files will be provided to ASA Rankings.
12. Clubs with more than 10 swimmers are asked to provide a licensed Official, to assist with the operation of the Meet. We gladly accept any other offers of help from Officials as well.
13. Competitors not reporting in time for an event may be excluded from that event.
14. Over the top and side by side (for backstroke) starts may be used.
15. No entries will be accepted on the days of the meet.
16. Times are as stated on the programme of events, but may vary, and changes will be notified on the club website.
17. Any item not covered within these conditions will be at the sole discretion of the Promoter.



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INDIVIDUAL ENTRY FORM

FORENAME(S).....SURNAME

ADDRESS

DATE OF BIRTH.....AGE AS AT 04/03/2018.....

Email address.....SEX - Male / Female

TEL. No: CLUB.....

A.S.A Registration No:

<i>EVENT</i>	<i>Male Event No</i>	<i>Female Event No</i>	<i>Entry time (Enter time for selected event)</i>
50m FREESTYLE	21	22	
100m FREESTYLE	8	7	
200m FREESTYLE	25	26	
400m FREESTYLE	1	2	
50m BACKSTROKE	3	4	
100m BACKSTROKE	19	20	
200m BACKSTROKE	12	11	
50m BREASTSTROKE	27	28	
100m BREASTSTROKE	23	24	
200m BREASTSTROKE	5	6	
50m BUTTERFLY	14	13	
100m BUTTERFLY	29	30	
200m BUTTERFLY	17	18	
100m INDIVIDUAL MEDLEY	10	9	
200m INDIVIDUAL MEDLEY	16	15	
400m INDIVIDUAL MEDLEY	31	32	

POOL LENGTH:
25m

ENTRY FEE:
£6.50 per event

No. of events entered @ £6.50 Total Cost

Payment by bank transfer to Rugby Swimming Club, Sort Code: 20-73-48, a/c: 83410730, Ref: [swimmer's name]. This is to be made at the same time as submitting this form.

I declare that I am eligible to compete in the Rugby Open Meet 2018 accepting the Promoter's conditions of entry.

Signed

Signature of Club Official / Coach

This form to be returned to:- Meet Secretary, 9 Maidenhair Drive, Rugby, CV23 0SE

IMPORTANT

Please check on the club website (www.rugbyswimmingclub.co.uk) that the meet is not full before submitting entry.

Accepted entries will be posted on the club website after the closing date – it is the club's / swimmer's responsibility to check that these details are correct.



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PROGRAMME OF EVENTS

Friday 2 March 2018

Session 1	Warm up 7.00pm	(mixed warm-up)			Start 7.30pm
Event no.					
1	Boys	400m	Freestyle	HDW	9 years & over
2	Girls	400m	Freestyle	HDW	9 years & over
3	Boys	50m	Backstroke	HDW	9 years & over
4	Girls	50m	Backstroke	HDW	9 years & over

Saturday 3 March 2018

Session 2 Warm up 12.45pm Start 1.45pm (note: no admission until 12:25pm)

Event no.					
5	Girls	200m	Breaststroke	HDW	9 years & over
6	Boys	200m	Breaststroke	HDW	9 years & over
7	Girls	100m	Freestyle	HDW	9 years & over
8	Boys	100m	Freestyle	HDW	9 years & over
9	Girls	100m	Ind. Medley	HDW	9 years & over
10	Boys	100m	Ind. Medley	HDW	9 years & over

Session 3 Estimated warm up and start time TBA

Event no.					
11	Girls	200m	Backstroke	HDW	9 years & over
12	Boys	200m	Backstroke	HDW	9 years & over
13	Girls	50m	Butterfly	HDW	9 years & over
14	Boys	50m	Butterfly	HDW	9 years & over
15	Girls	200m	Ind. Medley	HDW	9 years & over
16	Boys	200m	Ind. Medley	HDW	9 years & over

Sunday 4 March 2018

Session 4 Warm up 8.30am Start 9.30am

Event no.					
17	Boys	200m	Butterfly	HDW	9 years & over
18	Girls	200m	Butterfly	HDW	9 years & over
19	Boys	100m	Backstroke	HDW	9 years & over
20	Girls	100m	Backstroke	HDW	9 years & over
21	Boys	50m	Freestyle	HDW	9 years & over
22	Girls	50m	Freestyle	HDW	9 years & over
23	Boys	100m	Breaststroke	HDW	9 years & over
24	Girls	100m	Breaststroke	HDW	9 years & over

Session 5 Estimated warm up and start time TBA

Event no.					
25	Boys	200m	Freestyle	HDW	9 years & over
26	Girls	200m	Freestyle	HDW	9 years & over
27	Boys	50m	Breaststroke	HDW	9 years & over
28	Girls	50m	Breaststroke	HDW	9 years & over
29	Boys	100m	Butterfly	HDW	9 years & over
30	Girls	100m	Butterfly	HDW	9 years & over
31	Boys	400m	Ind. Medley	HDW	9 years & over
32	Girls	400m	Ind. Medley	HDW	9 years & over

Start times for sessions 3 & 5 to be confirmed after entries have been received



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MEET INFORMATION

LOCATION: The Meet will take place at The Queens Diamond Jubilee Centre, Bruce Williams Way, Rugby CV22 5LJ. The length of the pool is 25m (eight lanes) with Swiss Timing Quantum Aquatics electronic timing and OMEGA timing pads. The depth of water at the shallow end is 1 metre and at the deep end is 2.5 metres. There is a large car park at the Centre and there is an adjacent recreation park with play areas. The Centre is only a short walk from the town centre. The pool is about 10 minutes from junction 1 of the M6 and junction 18 of the M1.

REFRESHMENTS: Hot and cold food will be available throughout the Saturday and Sunday in the cafeteria at the Centre.

PHOTOGRAPHY: Photography or video (or any media/image capturing device) is strictly forbidden during the meet.

SWIM SHOP: A Swim Shop will be open in the Centre during the Saturday and Sunday of the meet, with a large range of stock.

SPECTATORS: There is a large spectator balcony at the Centre.

COACH'S: Pre-booked coach's passes will be available at £5 for Friday (**no food**), £15 for other days and £25 for 3 days (**including food**). This includes a programme, club result sheets and pass. These are collected from the Meet Management Desk and pre-ordered on the entry form contained within this information pack.

Coach's passes will NOT be available to order on the days of the Meet.

OFFICIALS: Officials from other clubs are most welcome and should contact the Officials Secretary, 3 Ratcliffe Road, Rugby, Warwickshire, CV22 6HB or rugbyopen@rugbyswimmingclub.co.uk if they are able to officiate. Mileage expenses will be paid where claimed, and free professional catering is provided.

MEET MANAGEMENT: **SportsSystem** meet management system will be used to run the meet.

NO ENTRIES (INCLUDING TIME ONLY) WILL BE ACCEPTED ON THE DAYS OF THE MEET

IMPORTANT

Accepted entries will be posted on the club website (www.rugbyswimmingclub.co.uk) after the closing date – it is the club's / swimmer's responsibility to check that these details are correct.

WITHDRAWALS

Please email withdrawals to rugbyopen@rugbyswimmingclub.co.uk. Alternatively, complete a withdrawal slip on the day, at least one hour before the start of the session, and post it at the meet management desk on poolside.

On Friday 2nd March, there will not be time for withdrawals on poolside. Please email withdrawals by midday.



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UPPER AND LOWER TIME LIMITS (Short Course 25m)

Upper Times (you must be slower than this to enter)

BOYS							EVENT	GIRLS						
9	10	11	12	13	14	15+		9	10	11	12	13	14	15+
0:32.9	31.1	29.6	27.9	26.6	25.6	24.8	50m Free	0:32.9	31.4	30	28.6	27.9	27.5	27.1
1:12.8	1:07.8	1:03.9	59.8	56.8	54.8	53.6	100m Free	1:11.9	1:09.0	1:04.3	1:01.0	59.6	58.6	58
2:35.9	2:26.1	2:18.0	2:09.8	2:03.4	1:59.0	1:56.4	200m Free	2:35.2	2:26.5	2:18.4	2:11.0	2:07.6	2:05.9	2:04.4
5:33.1	5:07.2	4:47.7	4:31.7	4:19.5	4:11.6	4:05.8	400m Free	5:26.1	5:11.3	4:47.2	4:32.4	4:26.0	4:22.7	4:19.4
0:42.9	41	38.5	36.1	33.8	32.5	31.4	50m Breast	0:42.5	41	38.5	36.4	35.2	34.5	34
1:35.1	1:29.3	1:22.7	1:17.2	1:12.3	1:09.5	1:07.3	100m Breast	1:34.0	1:29.6	1:22.5	1:18.0	1:15.1	1:13.0	1:12.4
3:22.1	3:10.6	2:57.4	2:46.6	2:36.7	2:30.2	2:26.1	200m Breast	3:22.1	3:10.2	2:56.9	2:47.2	2:41.1	2:37.7	2:36.3
0:35.6	34.9	32.8	31.1	29.3	28.1	27.1	50m Fly	0:35.7	34.8	33.1	31.4	30.5	29.9	29.4
1:24.7	1:19.6	1:12.5	1:07.6	1:03.6	1:00.8	58.8	100m Fly	1:23.4	1:19.3	1:12.6	1:08.2	1:06.2	1:04.6	1:04.1
3:15.4	2:54.0	2:38.3	2:28.8	2:20.5	2:14.6	2:09.1	200m Fly	3:08.4	2:56.0	2:39.8	2:29.4	2:24.4	2:20.9	2:18.8
0:37.9	36	34.1	32.3	30.4	29.4	28.4	50m Back	0:36.6	35.9	34	32.5	31.6	31	30.7
1:22.0	1:18.3	1:12.3	1:08.0	1:04.1	1:01.4	59.5	100m Back	1:21.9	1:18.1	1:12.3	1:08.2	1:06.2	1:05.1	1:04.1
2:53.3	2:44.0	2:33.8	2:25.0	2:17.2	2:11.7	2:08.1	200m Back	2:53.9	2:45.1	2:32.5	2:25.0	2:21.5	2:19.2	2:16.9
1:23.2	1:22.7	1:18.3	1:12.9	1:08.1	1:05.5	1:02.9	100m IM	1:23.7	1:23.2	1:18.3	1:13.0	1:10.7	1:09.2	1:08.1
2:58.1	2:48.10	2:36.8	2:27.9	2:20.7	2:14.6	2:11.2	200m IM	2:57.4	2:47.4	2:36.3	2:28.2	2:24.7	2:22.1	2:20.5
6:36.6	6:36.6	5:32.4	5:11.6	4:56.9	4:44.8	4:37.1	400m IM	6:32.3	6:32.3	5:29.9	5:11.9	5:02.8	4:58.1	4:54.8

Lower Times (you must be faster than this to enter)

BOYS							EVENT	GIRLS						
9	10	11	12	13	14	15+		9	10	11	12	13	14	15+
0:51.1	0:48.7	0:46.2	0:43.7	0:41.4	0:39.8	0:37.6	50m Free	0:52.1	0:49.6	0:46.6	0:44.7	0:43.5	0:42.8	0:41.7
1:52.3	1:46.9	1:39.5	1:34.0	1:28.8	1:25.2	1:20.6	100m Free	1:54.4	1:49.0	1:40.2	1:35.5	1:32.8	1:31.6	1:29.2
3:51.2	3:51.2	3:36.7	3:23.7	3:13.3	3:05.9	2:56.0	200m Free	3:53.0	3:53.0	3:37.3	3:26.9	3:18.8	3:16.8	3:10.7
7:15.8	7:15.8	6:45.6	6:24.6	6:05.9	5:53.4	5:33.9	400m Free	7:22.6	7:22.6	6:48.0	6:27.7	6:14.4	6:08.3	5:59.9
1:07.0	1:03.9	1:00.0	0:56.0	0:52.4	0:50.3	0:46.9	50m Breast	1:07.5	1:04.3	1:00.1	0:56.9	0:54.8	0:53.5	0:52.4
2:25.5	2:18.6	2:08.2	1:59.8	1:52.6	1:47.8	1:41.1	100m Breast	2:26.3	2:19.3	2:08.3	2:01.5	1:56.9	1:53.8	1:51.8
4:38.6	4:38.6	4:38.6	4:20.2	4:04.3	3:52.6	3:39.2	200m Breast	4:36.8	4:36.8	4:36.8	4:21.7	4:11.1	4:05.2	4:00.9
0:57.0	0:54.2	0:51.3	0:48.4	0:45.4	0:43.4	0:40.1	50m Fly	0:57.0	0:54.2	0:51.2	0:48.8	0:47.2	0:46.0	0:44.7
2:08.4	2:02.3	1:52.2	1:45.4	1:38.5	1:33.9	1:27.3	100m Fly	2:08.6	2:02.5	1:52.2	1:46.1	1:42.0	1:40.0	1:37.3
4:10.2	4:10.2	4:10.2	3:52.7	3:39.2	3:27.6	3:12.6	200m Fly	4:10.3	4:10.3	4:10.3	3:54.3	3:43.9	3:37.9	3:31.5
0:58.7	0:55.9	0:52.8	0:49.8	0:47.2	0:45.3	0:42.0	50m Back	0:58.8	0:56.0	0:52.6	0:50.4	0:49.0	0:47.9	0:46.3
2:06.7	2:00.7	1:51.6	1:45.0	1:39.4	1:34.7	1:28.8	100m Back	2:07.8	2:01.7	1:52.0	1:45.8	1:42.6	1:40.7	1:37.5
3:59.0	3:59.0	3:59.0	3:44.2	3:33.0	3:24.0	3:11.5	200m Back	3:59.3	3:59.3	3:59.3	3:47.4	3:39.6	3:34.6	3:28.4
2:06.3	2:00.3	1:54.1	1:47.9	1:41.5	1:36.0	1:30.1	100m IM	2:07.7	2:01.6	1:53.8	1:48.4	1:44.6	1:42.6	1:39.6
4:15.1	4:15.1	3:58.1	3:44.2	3:32.5	3:23.7	3:11.5	200m IM	4:15.2	4:15.2	3:57.3	3:46.8	3:38.8	3:34.8	3:29.7
7:55.1	7:55.1	7:55.1	7:22.4	6:59.5	6:42.0	6:18.2	400m IM	7:53.4	7:53.4	7:53.4	7:25.3	7:09.6	6:59.7	6:48.2



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Level 3 (3WM180364) 2nd - 4th March 2018

Officials Secretary
3 Ratcliffe Road
Rugby
Warwickshire
CV22 6HB

Email: rugbyopen@rugbyswimmingclub.co.uk

Dear Official,

It is with great pleasure that I invite you to officiate at our Rugby Open Meet 2018. This meet takes place at the Queens Diamond Jubilee Centre, Rugby on 2nd to 4th March 2018.

Session 1 Warm-Up	7:00 pm	Start	07:30 pm
Session 2 Warm-Up	12:45 pm	Start	1:45 pm
Session 4 Warm-Up	8:30 am	Start	9:30 am

Sessions 3 & 5 timing to be confirmed closer to the date.

If you are available to officiate please complete the form below and reply by 3 Feb 2018 by returning it with your Club Entry or email this form separately to rugbyopen@rugbyswimmingclub.co.uk

Briefing will be at 7:00pm on Friday, 1:15pm on Saturday and 9am on Sunday. Food is provided between sessions 2 and 3, and between sessions 4 and 5. Travel expenses are available on request.

If you require any further information, please email me at the address above.

Yours faithfully,

Leisa House

Name: _____

ASA No: _____ Club: _____

Tel No: _____ Email: _____

Please Confirm qualification below

Judge **J 1** **J 2**
Starter
Referee

Please confirm which session you can attend

Session 1
Session 2
Session 3
Session 4
Session 5



RUGBY OPEN MEET 2018

Level 3 (3WM180364) 2nd - 4th March 2018

Summary of Entries and Coaches Passes

Total No of Entries: _____ @ £6.50 per entry Total £ _____

No of 1- Day Coaches Pass Fri: _____ @ £5.00 Total £ _____

No of 1- Day Coaches Pass Sat: _____ @ £15.00 Total £ _____

No of 1- Day Coaches Pass Sun: _____ @ £15.00 Total £ _____

No of 3- Day Coaches Pass _____ @ £25.00 Total £ _____

Total Cost _____

Please provide the names and DBS of all coaches using passes:

Name of Coach	DBS Number

Coaches Passes can only be purchased in advance of the Meet.

For administration purposes, please fill in contact details below:

Contact Name: _____ Club: _____

Tel No: _____ Email address: _____

I certify that all the above details are correct and that I will abide by the Promoter's conditions

Signed on behalf of all swimmers entered _____
Club official

Return to:
Meet Secretary, 9 Maidenhair Drive, Rugby, CV23 0SE